

CHERNOBYL TOUR PACKING LIST

Remember! The Ukrainian military will confiscate anything that becomes contaminated with radiation. I recommend packing old things that you can leave behind (if necessary). There is a small supermarket in Chernobyl town, but it carries a very limited range of products.

Clothing

- Long pants
- T-shirt and lightweight long-sleeved shirt (in hot weather)
- T-shirt, sweater and jacket (in cold weather)
- Extra t-shirt
- Sunglasses
- Scarf and gloves (in cold weather)
- Closed-toed shoes or boots
- Extra socks and underwear
- Flip-flops for the hotel shower

Personal Care Items

- Toothbrush and toothpaste
- Deodorant
- Soap and shampoo (if you're picky – the hotel provides generic versions)
- Tampons, pads or a menstrual cup for women
- Pre-moistened hand wipes and hand sanitizer
- Sunscreen
- Insect repellent
- All prescription medications

Technology

- Fully-charged camera with extra batteries and an extra memory card
- Phone and charger
- Flashlight (optional – more useful in the winter)

Other Essentials

- Passport – The same one you used to book the tour
- Ukrainian money – To pay for the tour, souvenirs and bottled water
- Stamps – If you want to mail postcards from inside the Nuclear Exclusion Zone
- A book – To read in the hotel before bed (the wifi is so slow!)
- A small backpack or duffle bag to hold all your stuff – no purse is needed